



Mental Health Organisational Standards

Wellbeing Initiative Guidance

This category relates to one provision to support wellbeing, such as yoga or gym access.

1. Mental health or wellbeing initiative is based on evidence and developed with a business case to make it sustainable if effective, outcomes are measured and monitored.		
1.1 Attach evidence of the wellbeing initiative. (If you are unable to provide links, please email to tick@tickaccreditation.com)		
Possible evidence (<i>this list is not exhaustive</i>)		
<ul style="list-style-type: none"> • Procurement documentation • Tender documentation • Resource assessments • Business plans 		
Bronze	Silver (<i>as Bronze, but also...</i>)	Gold (<i>as Silver, but also...</i>)
Evidence attached		

1.2 Describe how it is based on evidence of effectiveness through monitoring and reports such as Mental Health Resource Quality Assessment.		
Bronze	Silver (<i>as Bronze, but also...</i>)	Gold (<i>as Silver, but also...</i>)
The commission of new mental health or wellbeing initiative is based on evidence of effectiveness.	The impact/ effectiveness of new initiative, resource is monitored. Tools, such as the Mental Health Resource Quality	Evidence of initiative sustainability being planned from inception and the impact of the initiative is reported.



	Assessment, are used to evidence or reflect on this.	
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